


# NUTRITIONAL FACTS GUIDE

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# NUTRITIONAL FACTS GUIDE

## COOKIES

# CHOCOLATE CHUNK

## Nutrition Facts

250 servings per container

| | |
|---|---|
| **Serving size** | **1 cookie 1.9oz (54g)** |
| **Amount per serving** | |
| **Calories** | **240** |
| | **% Daily Value*** |
| **Total Fat** 11g | **14%** |
| Saturated Fat 6g | **30%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 140mg | **6%** |
| **Total Carbohydrate** 33g | **12%** |
| Dietary Fiber 1g | **4%** |
| Total Sugars 19g | |
| Includes 19g Added Sugars | **38%** |
| **Protein** 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 14mg | 2% |
| Iron 2mg | 10% |
| Potassium 79mg | 2% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS**: ENRICHED WHEAT FLOUR (WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, CHOCOLATE CHUNKS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT), BROWN SUGAR, MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR), BUTTER, EGGS, INVERT SUGAR, SOY FLOUR, SALT, BAKING SODA, NATURAL VANILLA FLAVOR.

**CONTAINS: EGG, MILK, SOY, WHEAT.**



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# DOUBLE CHOCOLATE CHUNK

## Nutrition Facts

servings per container
**Serving size** **1 cookie 1.9oz (54g)**

**Amount per serving**
**Calories** **230**

| | % Daily Value* |
|---|---|
| **Total Fat** 11g | **14%** |
| Saturated Fat 6g | **30%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 150mg | **7%** |
| **Total Carbohydrate** 33g | **12%** |
| Dietary Fiber 2g | **7%** |
| Total Sugars 20g | |
| Includes 20g Added Sugars | **40%** |
| **Protein** 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 17mg | 2% |
| Iron 3mg | 15% |
| Potassium 141mg | 4% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS**: ENRICHED WHEAT FLOUR (WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHOCOLATE CHUNKS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT), BROWN SUGAR, SUGAR, MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR), BUTTER, EGGS, COCOA PROCESSED WITH ALKALI, INVERT SUGAR, MOLASSES, SALT, BAKING SODA, NATURAL VANILLA FLAVOR.

**CONTAINS: EGG, MILK, SOY, WHEAT**



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# CLASSIC WITH M&M'S

## Nutrition Facts

servings per container
**Serving size** 1 cookie 1.9oz (54g)

**Amount per serving**
**Calories** 230

| | % Daily Value* |
|---|---|
| **Total Fat** 10g | 13% |
| Saturated Fat 4.5g | 23% |
| Trans Fat 0g | |
| **Cholesterol** 20mg | 7% |
| **Sodium** 140mg | 6% |
| **Total Carbohydrate** 34g | 12% |
| Dietary Fiber 1g | 4% |
| Total Sugars 21g | |
| Includes 20g Added Sugars | 40% |
| **Protein** 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 18mg | 2% |
| Iron 2mg | 10% |
| Potassium 63mg | 2% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS**: ENRICHED WHEAT FLOUR (WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHOCOLATE CANDIES (SUGAR, COCOA BUTTER, CHOCOLATE LIQUOR, MILK POWDER, SOY LECITHIN, VANILLA, ARTIFICIAL COLORS- FD&C BLUE NO.1, BLUE NO.1 LAKE, BLUE NO.2 LAKE, YELLOW NO.5 LAKE, YELLOW NO.6, YELLOW NO.6 LAKE, RED NO.40, RED NO.40 LAKE, SORBITOL, TITANIUM DIOXIDE, PHOSPHORIC ACID, METHYL & PROPYL PARABENS, CARAMEL, CORN SYRUP, WAX, DEXTRIN), BROWN SUGAR, ENRICHED WHEAT FLOUR (WHEAT, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR), CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT), BUTTER, EGGS, INVERT SUGAR, MOLASSES, SALT, BAKING SODA, NATURAL VANILLA FLAVOR.

**CONTAINS: EGG, MILK, SOY, WHEAT**



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# OATMEAL RAISIN

## Nutrition Facts

| | |
|---|---|
| **Serving size** | **1 cookie 1.9oz (54g)** |
| **Amount per serving** | |
| **Calories** | **220** |
| | **% Daily Value*** |
| **Total Fat** 9g | **12%** |
| Saturated Fat 4g | **20%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 135mg | **6%** |
| **Total Carbohydrate** 33g | **12%** |
| Dietary Fiber 1g | **4%** |
| Total Sugars 18g | |
| Includes 12g Added Sugars | **24%** |
| **Protein** 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 21mg | 2% |
| Iron 1mg | 6% |
| Potassium 102mg | 2% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS**: ENRICHED WHEAT FLOUR (WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), RAISINS, BROWN SUGAR, ROLLED OATS, MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR), BUTTER, SUGAR, EGGS, MOLASSES, SALT, BAKING SODA, CINNAMON, NATURAL VANILLA FLAVOR.

**CONTAINS: WHEAT, EGG, MILK, SOY.**



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# PEANUT BUTTER CHIP

## Nutrition Facts

servings per container
**Serving size** **1 cookie, 1.9oz (54g)**

**Amount per serving**

| | |
|---|---|
| **Calories** | **260** |
| | **% Daily Value*** |
| **Total Fat** 16g | **21%** |
| Saturated Fat 7g | **35%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 200mg | **9%** |
| **Total Carbohydrate** 28g | **10%** |
| Dietary Fiber 1g | **4%** |
| Total Sugars 18g | |
| Includes 18g Added Sugars | **36%** |
| **Protein** 4g | |
| Vitamin D 0mcg | 0% |
| Calcium 26mg | 2% |
| Iron 1mg | 6% |
| Potassium 123mg | 2% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS**: PEANUT BUTTER CHIPS (SUGAR, PALM KERNEL OIL, PARTIALLY DEFATTED PEANUT FLOUR, NON-FAT MILK POWDER, SALT, SOY LECITHIN), ENRICHED WHEAT FLOUR (WHEAT, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PEANUT BUTTER (ROASTED PEANUTS, DEXTROSE, HYDROGENATED COTTONSEED AND CANOLA OILS, SALT), BROWN SUGAR, MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONO AND DIGLYCERIDES, ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR),BUTTER, SUGAR, EGGS, SALT, BAKING SODA.

**CONTAINS: EGG, MILK, PEANUT, SOY, WHEAT**



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# WHITE CHOCOLATE MACADAMIA

## Nutrition Facts

servings per container

**Serving size** **1 cookie 1.9oz (54g)**

**Amount per serving**

**Calories** **250**

| | % Daily Value* |
|---|---|
| **Total Fat** 14g | **18%** |
| Saturated Fat 7g | **35%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 125mg | **5%** |
| **Total Carbohydrate** 30g | **11%** |
| Dietary Fiber 1g | **4%** |
| Total Sugars 18g | |
| Includes 17g Added Sugars | **34%** |
| **Protein** 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 32mg | 2% |
| Iron 1mg | 6% |
| Potassium 56mg | 2% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS**: ENRICHED WHEAT FLOUR (WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHITE CHOCOLATE CHIPS (SUGAR, COCOA BUTTER, MILK POWDER, SOY LECITHIN, VANILLA), SUGAR, MARGA- RINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR), BUTTER, COCONUT WITH SODIUM META-BISULFITE AS A PRESERVATIVE, MACADAMIA NUTS, EGGS, BROWN SUGAR, INVERT SUGAR, SOY FLOUR, SALT, BAKING SODA, NATURAL VANILLA FLAVOR.

**CONTAINS: WHEAT, EGG, MILK, SOY, TREE NUTS.**



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# SNICKERDOODLE

## Nutrition Facts

Servings Per Container
**Serving size** **1 cookie,1.5oz (43g)**

**Amount per serving**
**Calories** **180**

| | % Daily Value* |
|---|---|
| **Total Fat** 9g | **12%** |
| Saturated Fat 3g | **15%** |
| *Trans* Fat 0g | |
| **Cholesterol** 25mg | **8%** |
| **Sodium** 135mg | **6%** |
| **Total Carbohydrate** 25g | **9%** |
| Dietary Fiber 0g | **0%** |
| Total Sugars 13g | |
| Includes 13g Added Sugars | **26%** |
| **Protein** 2g | |
| Vitamin D 0mcg | 0% |
| Calcium 6mg | 0% |
| Iron 1mg | 6% |
| Potassium 22mg | 0% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS**: ENRICHED WHEAT FLOUR (WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, MARGARINE (VEGE- TABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMI- TATE, BETA CAROTENE COLOR), EGGS, BUTTER, BAKING SODA, ARTIFICIAL VANILLA FLAVOR, SALT, CINNAMON.

**CONTAINS: EGG, MILK, SOY, WHEAT.**



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# SUGAR

## Nutrition Facts

Servings Per Container
**Serving size** **1 cookie,1.5oz (43g)**

**Amount per serving**
**Calories** **190**

| | % Daily Value* |
|---|---|
| **Total Fat** 10g | **13%** |
| Saturated Fat 4.5g | **23%** |
| *Trans* Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 135mg | **6%** |
| **Total Carbohydrate** 24g | **9%** |
| Dietary Fiber 0g | **0%** |
| Total Sugars 11g | |
| Includes 11g Added Sugars | **22%** |
| **Protein** 2g | |
| Vitamin D 0mcg | 0% |
| Calcium 6mg | 0% |
| Iron 1mg | 6% |
| Potassium 21mg | 0% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS**: ENRICHED WHEAT FLOUR (WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, MARGARINE (VEGE- TABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PAL- MITATE, BETA CAROTENE COLOR), BUTTER, EGGS, INVERT SUGAR, SALT, NATURAL BUTTER FLAVOR, NATURAL VANILLA FLAVOR, BAKING SODA.

**CONTAINS: EGG, MILK, SOY, WHEAT.**



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# DOUBLE CHOCOLATE MINT

## Nutrition Facts

servings per container

**Serving size** **1 cookie 1.9oz (54g)**

**Amount per serving**

**Calories** **240**

| | % Daily Value* |
|---|---|
| **Total Fat** 11g | **14%** |
| Saturated Fat 6g | **30%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 160mg | **7%** |
| **Total Carbohydrate** 31g | **11%** |
| Dietary Fiber 1g | **4%** |
| Total Sugars 21g | |
| Includes 20g Added Sugars | **40%** |
| **Protein** 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 18mg | 2% |
| Iron 2mg | 10% |
| Potassium 125mg | 2% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS**: ENRICHED WHEAT FLOUR (WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BROWN SUGAR, CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT), SUGAR, MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR), MINT CHIP (SUGAR, PALM KERNEL AND HYDROGENATED PALM OILS, WHEY, NONFAT MILK, SOY LECITHIN AS EMULSIFIER, NATURAL FLAVOR, ARTIFICIAL COLORS [FD&C BLUE 1 LAKE, FD&C YELLOW 5 LAKE]), EGGS, BUTTER, COCOA PROCESSED WITH ALKALI, INVERT SUGAR, SALT, MOLASSES, BAKING SODA, NATURAL VANILLA FLAVOR.

**CONTAINS: EGG, MILK, SOY, WHEAT.**



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# VEGAN GLUTEN-FREE CHOCOLATE CHIP

## Nutrition Facts

| | |
|---|---|
| **Serving size** | **1 cookie 1.9oz (54g)** |
| **Amount per serving** | |
| **Calories** | **230** |
| | **% Daily Value*** |
| **Total Fat** 11g | **14%** |
| Saturated Fat 4.5g | **23%** |
| Trans Fat 0g | |
| **Cholesterol** 0mg | **0%** |
| **Sodium** 130mg | **6%** |
| **Total Carbohydrate** 33g | **12%** |
| Dietary Fiber 2g | **7%** |
| Total Sugars 20g | |
| Includes 19g Added Sugars | **38%** |
| **Protein** 2g | |
| Vitamin D 0mcg | 0% |
| Calcium 15mg | 2% |
| Iron 2mg | 10% |
| Potassium 43mg | 0% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLIN), BROWN SUGAR, PARVE MARGARINE (PALM FRUIT OIL, SOYBEAN OIL, OLIVE OIL WATER, SALT, MONO AND DIGLYCERIDES, SOY LECITHIN, POTASSIUM SORBATE AS A PRESERVATIVE, NATURAL FLAVOR, VITAMIN A PALMI- TATE, BETA CAROTENE COLOR), BROWN RICE FLOUR, SUGAR, WATER, GLUTEN-FREE WHOLE OAT FLOUR, TAPIOCA STARCH, POTATO STARCH, PALM OIL, INVERT SUGAR, FLAX SEED MEAL, MODIFIED CORN STARCH, NATURAL VANILLA FLAVOR, XANTHAN GUM, SALT, BAKING SODA, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, CORN STARCH, BAKING SODA, MONO CALCIUM PHOSPHATE).

**CONTAINS: SOY**.



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# VEGAN BIRTHDAY CAKE

## Nutrition Facts

| | |
|---|---|
| **Serving size** | **1 cookie 1.9oz (54g)** |
| **Amount per serving** | |
| **Calories** | **230** |
| | **% Daily Value*** |
| **Total Fat** 9g | **12%** |
| Saturated Fat 7g | **35%** |
| Trans Fat 0g | |
| **Cholesterol** 0mg | **0%** |
| **Sodium** 95mg | **4%** |
| **Total Carbohydrate** 35g | **13%** |
| Dietary Fiber 1g | **4%** |
| Total Sugars 19g | |
| Includes 19g Added Sugars | **38%** |
| **Protein** 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 5mg | 0% |
| Iron 1mg | 6% |
| Potassium 31mg | 0% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS**: ENRICHED WHEAT FLOUR (WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, COCONUT OIL, WATER, RAINBOW SPRINKLES (SUGAR, HYDROGENATED PALM KERNEL OIL, CORN STARCH, SOY LECITHIN, ARTIFICIAL COLORS [YELLOW #6, YELLOW #5, BLUE #1, RED #40, RED #3], CARNAUBA WAX, MALTODEXTRIN, CELLULOSE GUM, VANILLIN), CORNSTARCH, SUNFLOWER OIL, SUNFLOWER LECITHIN, SALT, BAKING SODA, GARBANZO BEAN FLOUR, NATURAL CAKE BATTER FLAVOR, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, CORN STARCH, BAKING SODA, MONO CALCIUM PHOSPHATE).

**CONTAINS: WHEAT, SOY.**



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# VEGAN CHOCOLATE CHUNK

## Nutrition Facts

| | |
|---|---|
| **Serving size** | **1 cookie 1.9oz (54g)** |
| **Amount per serving** | |
| **Calories** | **230** |
| | **% Daily Value*** |
| **Total Fat** 11g | **14%** |
| Saturated Fat 8g | **40%** |
| Trans Fat 0g | |
| **Cholesterol** 0mg | **0%** |
| **Sodium** 115mg | **5%** |
| **Total Carbohydrate** 33g | **12%** |
| Dietary Fiber 1g | **4%** |
| Total Sugars 20g | |
| Includes 19g Added Sugars | **38%** |
| **Protein** 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 9mg | 0% |
| Iron 2mg | 10% |
| Potassium 30mg | 0% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** enriched wheat flour (wheat, barley, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, chocolate chunks (sugar, unsweetened chocolate, cocoa butter, vanilla, salt), coconut oil, water, molasses, cornstarch, sunflower oil, sunflower lecithin, salt, baking soda, garbanzo bean flour, baking powder (sodium acid pyrophosphate, corn starch, baking soda, mono calcium phosphate).

**CONTAINS: WHEAT, SOY.**



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# VEGAN DOUBLE CHOCOLATE CHUNK

## Nutrition Facts

| | |
|---|---|
| **Serving size** | **1 cookie 1.9oz (54g)** |
| **Amount per serving** | |
| **Calories** | **220** |
| | **% Daily Value*** |
| **Total Fat** 10g | **13%** |
| Saturated Fat 8g | **40%** |
| Trans Fat 0g | |
| **Cholesterol** 0mg | **0%** |
| **Sodium** 115mg | **5%** |
| **Total Carbohydrate** 33g | **12%** |
| Dietary Fiber 2g | **7%** |
| Total Sugars 18g | |
| Includes 18g Added Sugars | **36%** |
| **Protein** 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 12mg | 0% |
| Iron 2mg | 10% |
| Potassium 144mg | 4% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS**: ENRICHED WHEAT FLOUR (WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, CHOCOLATE CHUNKS (SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, VANILLA, SALT), COCONUT OIL, WATER, COCOA PROCESSED WITH ALKALI, CORNSTARCH, SUNFLOWER OIL, MOLASSES, SUNFLOWER LECITHIN, SALT, BAKING SODA, GARBANZO BEAN FLOUR.

**CONTAINS: WHEAT, SOY.**



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# TRIPLE CHOCOLATE DELUXE

## Nutrition Facts

| | |
|---|---|
| **Serving size** | **1 cookie 4oz (113g)** |
| **Amount per serving** | |
| **Calories** | **500** |
| | **% Daily Value*** |
| **Total Fat** 25g | **32%** |
| Saturated Fat 12g | **60%** |
| Trans Fat 0g | |
| **Cholesterol** 40mg | **13%** |
| **Sodium** 270mg | **12%** |
| **Total Carbohydrate** 69g | **25%** |
| Dietary Fiber 3g | **11%** |
| Total Sugars 43g | |
| Includes 42g Added Sugars | **84%** |
| **Protein** 6g | |
| Vitamin D 0mcg | 0% |
| Calcium 41mg | 4% |
| Iron 5mg | 30% |
| Potassium 176mg | 4% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS**: ENRICHED WHEAT FLOUR (WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHOCOLATE CHUNKS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT), SUGAR, BROWN SUGAR, MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR),BUTTER, EGGS, HERSHEY'S MILK CHOCOLATE (SUGAR, MILK, CHOCOLATE, COCOA BUTTER, LACTOSE, MILK FAT, SOY LECITHIN, PGPR, VANILLIN), MILK CHOCOLATE CHUNKS (SUGAR, MILK POWDER, COCOA BUTTER, CHOCOLATE LIQUOR PROCESSED WITH ALKALI, DEXTROSE, MILK FAT, SOY LECITHIN, VANILLIN), INVERT SUGAR, SOY FLOUR, SALT, BAKING SODA, ARTIFICIAL VANILLA FLAVOR.

**CONTAINS: EGG, MILK, SOY, WHEAT**



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# CHOCOLATE PEANUT BUTTER CUP DELUXE

## Nutrition Facts

| | |
|---|---|
| **Serving size** | **1 cookie 4oz (113g)** |
| **Amount per serving** | |
| **Calories** | **510** |
| | **% Daily Value*** |
| **Total Fat** 24g | **31%** |
| Saturated Fat 13g | **65%** |
| Trans Fat 0.5g | |
| **Cholesterol** 50mg | **17%** |
| **Sodium** 300mg | **13%** |
| **Total Carbohydrate** 67g | **24%** |
| Dietary Fiber 1g | **4%** |
| Total Sugars 40g | |
| Includes 40g Added Sugars | **80%** |
| **Protein** 6g | |
| Vitamin D 0mcg | 0% |
| Calcium 45mg | 4% |
| Iron 2mg | 10% |
| Potassium 49mg | 2% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** PEANUT BUTTER CHIPS (SUGAR, PALM KERNEL OIL, PARTIALLY DEFATTED PEANUT FLOUR, NON-FAT MILK POWDER, SALT, SOY LECITHIN), ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PEANUT BUTTER (ROASTED PEANUTS, DEXTROSE, HYDROGENATED COTTONSEED AND CANOLA OILS, SALT), BROWN SUGAR, REESE'S PEANUT BUTTER CUPS (SUGAR, COCOA BUTTER, CHOCOLATE, NONFAT MILK, MILKFAT, LACTOSE, SOY LECITHIN, PGPR [EMULSIFIER], PEANUTS, DEXTROSE, SALT, TBHQ & CITRIC ACID [PRESERVATIVE] ), MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR), BUTTER, SUGAR, EGGS, BAKING SODA, SALT.

**CONTAINS:** EGG, MILK, PEANUT, SOY, WHEAT.



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# S'MORES DELUXE

## Nutrition Facts

| | |
|---|---|
| **Serving size** | **1 cookie 4oz (113g)** |
| **Amount per serving** | |
| **Calories** | **480** |
| | **% Daily Value*** |
| **Total Fat** 21g | **27%** |
| Saturated Fat 11g | **55%** |
| Trans Fat 0g | |
| **Cholesterol** 40mg | **13%** |
| **Sodium** 290mg | **13%** |
| **Total Carbohydrate** 70g | **25%** |
| Dietary Fiber 3g | **11%** |
| Total Sugars 47g | |
| Includes 46g Added Sugars | **92%** |
| **Protein** 5g | |
| Vitamin D 0mcg | 0% |
| Calcium 35mg | 2% |
| Iron 4mg | 20% |
| Potassium 230mg | 4% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHOCOLATE CHUNKS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT), BROWN SUGAR, SUGAR, MARSHMALLOW BITS (DEXTROSE, SUGAR, PALM OIL, WHEAT FLOUR, TITANIUM DIOXIDE[COLOR], NATURAL AND ARTIFICIAL FLAVOR, CELLULOSE GUM, WATER, MALTODEXTRIN), MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR), BUTTER, EGGS, HERSHEY'S MILK CHOCOLATE KISSES (SUGAR, CHOCOLATE, SKIM MILK, COCOA BUTTER, MILK FAT, SOY LECITHIN, NATURAL FLAVOR), MARSHMALLOWS (TAPIOCA SYRUP, SUGAR, WATER, TAPIOCA STARCH, CARRAGEENAN, SOY PROTEIN, NATURAL VANILLA FLAVOR), COCOA PROCESSED WITH ALKALI, MARSHMALLOW CREME (CORN SYRUP, SUGAR, WATER, EGG WHITES, CREAM OF TARTAR, XANTHAN GUM), INVERT SUGAR, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, WATER, MOLASSES, SALT, BAKING SODA, ARTIFICIAL VANILLA FLAVOR, HONEY, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, CORN STARCH, BAKING SODA, MONO CALCIUM PHOSPHATE).

**CONTAINS: EGG, MILK, SOY, WHEAT.**



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# CONFETTI DELUXE

## Nutrition Facts

| | |
|---|---|
| **Serving size** | **1 cookie 4oz (113g)** |
| **Amount per serving** | |
| **Calories** | **510** |
| | **% Daily Value*** |
| **Total Fat** 24g | **31%** |
| Saturated Fat 13g | **65%** |
| Trans Fat 0.5g | |
| **Cholesterol** 50mg | **17%** |
| **Sodium** 300mg | **13%** |
| **Total Carbohydrate** 67g | **24%** |
| Dietary Fiber 1g | **4%** |
| Total Sugars 40g | |
| Includes 40g Added Sugars | **80%** |
| **Protein** 6g | |
| Vitamin D 0mcg | 0% |
| Calcium 45mg | 4% |
| Iron 2mg | 10% |
| Potassium 49mg | 2% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS**: ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BUTTER, MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR), RAINBOW SPRINKLES (SUGAR, HYDROGENATED PALM KERNEL OIL, CORN STARCH, SOY LECITHIN, ARTIFICIAL COLORS [YELLOW #6, YELLOW #5, BLUE #1, RED #40, RED #3], CARNAUBA WAX, MALTODEXTRIN, CELLULOSE GUM, VANILLIN), HERSHEY'S PREMIER WHITE VANILLA CHIPS (SUGAR, NONFAT MILK, HYDROGENATED VEGETABLE OIL [PALM KERNEL, SOYBEAN OIL, PALM OIL], PALM KERNEL OIL, ARTIFICIAL FLAVOR, SALT, SOY LECITHIN), EGGS, INVERT SUGAR, NATURAL VANILLA FLAVOR, SALT, NATURAL BUTTER FLAVOR, BAKING SODA, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, CORN STARCH, BAKING SODA, MONO CALCIUM PHOSPHATE).

**CONTAINS: EGG, MILK, SOY, WHEAT**



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# OATMEAL CHOCOLATE WALNUT DELUXE

## Nutrition Facts

| | |
|---|---|
| **Serving size** | **1 cookie 4oz (113g)** |
| **Amount per serving** | |
| **Calories** | **520** |
| | **% Daily Value*** |
| **Total Fat** 29g | **37%** |
| Saturated Fat 12g | **60%** |
| Trans Fat 0g | |
| **Cholesterol** 40mg | **13%** |
| **Sodium** 260mg | **11%** |
| **Total Carbohydrate** 63g | **23%** |
| Dietary Fiber 4g | **14%** |
| Total Sugars 36g | |
| Includes 35g Added Sugars | **70%** |
| **Protein** 7g | |
| Vitamin D 0mcg | 0% |
| Calcium 61mg | 4% |
| Iron 4mg | 20% |
| Potassium 193mg | 4% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS**: ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHOCOLATE CHUNKS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT), BROWN SUGAR, ROLLED OATS, MILK CHOCOLATE CHIPS (SUGAR, MILK, COCOA BUTTER, UNSWEETENED CHOCOLATE, UNSWEETENED CHOCOLATE PROCESSED WITH ALKALI, DEXTROSE, MILKFAT, SOY LECITHIN, SALT, VANILLA), MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR), SUGAR, BUTTER, WALNUTS, EGGS, MOLASSES, CINNAMON, NATURAL VANILLA FLAVOR, SALT, BAKING SODA.

**CONTAINS: EGG, MILK, SOY, TREE NUTS (WALNUT), WHEAT.**



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# SALTED CARAMEL DELUXE

## Nutrition Facts

| | |
|---|---|
| **Serving size** | **1 cookie 4oz (113g)** |
| **Amount per serving** | |
| **Calories** | **500** |
| | **% Daily Value*** |
| **Total Fat** 24g | **31%** |
| Saturated Fat 12g | **60%** |
| Trans Fat 0.5g | |
| **Cholesterol** 60mg | **20%** |
| **Sodium** 450mg | **20%** |
| **Total Carbohydrate** 69g | **25%** |
| Dietary Fiber 1g | **4%** |
| Total Sugars 42g | |
| Includes 41g Added Sugars | **82%** |
| **Protein** 5g | |
| Vitamin D 0mcg | 0% |
| Calcium 42mg | 4% |
| Iron 2mg | 10% |
| Potassium 101mg | 2% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS**: ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHOCOLATE CHUNKS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT), BROWN SUGAR, ROLLED OATS, MILK CHOCOLATE CHIPS (SUGAR, MILK, COCOA BUTTER, UNSWEETENED CHOCOLATE, UNSWEETENED CHOCOLATE PROCESSED WITH ALKALI, DEXTROSE, MILKFAT, SOY LECITHIN, SALT, VANILLA), MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR), SUGAR, BUTTER, WALNUTS, EGGS, MOLASSES, CINNAMON, NATURAL VANILLA FLAVOR, SALT, BAKING SODA.

**CONTAINS: EGG, MILK, SOY, TREE NUTS (WALNUT), WHEAT.**



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# NUTRITIONAL FACTS GUIDE

## BROWNIES, BROOKIES, AND BLONDIES

# CHOCOLATE CHIP BROWNIE

## Nutrition Facts

24 servings per container

| | |
|---|---|
| **Serving size** | **1 brownie 4oz (113g)** |
| **Amount per serving** | |
| **Calories** | **500** |
| | **% Daily Value*** |
| **Total Fat** 28g | **36%** |
| Saturated Fat 11g | **55%** |
| Trans Fat 0g | |
| **Cholesterol** 90mg | **30%** |
| **Sodium** 180mg | **8%** |
| **Total Carbohydrate** 62g | **23%** |
| Dietary Fiber 3g | **11%** |
| Total Sugars 47g | |
| Includes 47g Added Sugars | **94%** |
| **Protein** 5g | |
| Vitamin D 123mcg | 620% |
| Calcium 20mg | 2% |
| Iron 4mg | 20% |
| Potassium 139mg | 2% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS**: SUGAR, MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR), EGGS, BLEACHED WHEAT FLOUR, SEMI-SWEET CHOCOLATE (CHOCOLATE LIQUOR, SUGAR, COCOA BUTTER, MILKFAT, SOY LECITHIN, SALT, VANILLA), CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT), COCOA PROCESSED WITH ALKALI, NATURAL VANILLA FLAVOR, BAKING SODA.

**CONTAINS: EGG, MILK, SOY, WHEAT.**



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# CHOCOLATE CHUNK BROOKIE

## Nutrition Facts

24 servings per container

| | |
|---|---|
| **Serving size** | **1 bar 4oz (113g)** |
| **Amount per serving** | |
| **Calories** | **490** |
| | **% Daily Value*** |
| **Total Fat** 24g | **31%** |
| Saturated Fat 12g | **60%** |
| Trans Fat 0g | |
| **Cholesterol** 95mg | **32%** |
| **Sodium** 280mg | **12%** |
| **Total Carbohydrate** 67g | **24%** |
| Dietary Fiber 3g | **11%** |
| Total Sugars 41g | |
| Includes 41g Added Sugars | **82%** |
| **Protein** 6g | |
| Vitamin D 45mcg | 230% |
| Calcium 28mg | 2% |
| Iron 3mg | 15% |
| Potassium 171mg | 4% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS**: SUGAR, ENRICHED WHEAT FLOUR (WHEAT, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, BUTTER, BLEACHED WHEAT FLOUR, MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR), CHOCOLATE CHUNKS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT), CHOCOLATE CHIPS (SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, SOY LECITHIN, NATURAL VANILLA), COCOA POWDER, PALM OIL, INVERT SUGAR, CORN SYRUP, COCOA PROCESSED WITH ALKALI, SALT, MOLASSES, NATURAL VANILLA FLAVOR, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, CORNSTARCH, BAKING SODA, MONOCALCIUM PHOSPHATE), SOY LECITHIN.

**CONTAINS: EGG, MILK, SOY, WHEAT**



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# CHOCOLATE CHUNK BLONDIE

## Nutrition Facts

24 servings per container

| | |
|---|---|
| **Serving size** | **1 blondie 4oz (113g)** |
| **Amount per serving** | |
| **Calories** | **510** |
| | **% Daily Value*** |
| **Total Fat** 27g | **35%** |
| Saturated Fat 13g | **65%** |
| Trans Fat 0g | |
| **Cholesterol** 65mg | **22%** |
| **Sodium** 270mg | **12%** |
| **Total Carbohydrate** 69g | **25%** |
| Dietary Fiber 3g | **11%** |
| Total Sugars 42g | |
| Includes 41g Added Sugars | **82%** |
| **Protein** 5g | |
| Vitamin D 53mcg | 270% |
| Calcium 26mg | 2% |
| Iron 5mg | 30% |
| Potassium 166mg | 4% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS**: ENRICHED WHEAT FLOUR (WHEAT, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHOCOLATE CHUNKS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT), SUGAR, BUTTER, EGGS, MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR), INVERT SUGAR, MOLASSES, SALT, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, CORNSTARCH, BAKING SODA, MONOCALCIUM PHOSPHATE), NATURAL VANILLA FLAVOR.

**CONTAINS: EGG, MILK, SOY, WHEAT.**



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# NUTRITIONAL FACTS GUIDE

## TOPPINGS

# TOPPINGS PER 1/2 OZ SERVING

| | Calories | Total Fat (g) | Sodium (mg) | Total Carbs (g) | Dietary Fiber (g) | Total Sugars (g) | Protein (g) |
|---|---|---|---|---|---|---|---|
| Chocolate Sauce | 45 | 0 | 15 | 10 | 0 | 10 | 1 |
| Caramel Sauce | 60 | 0 | 25 | 11 | 0 | 11 | 0 |
| M&Ms | 70 | 2.5 | 10 | 10 | 0 | 9 | 1 |
| Snickers | 70 | 3 | 0 | 9 | 0 | 7 | 1 |
| Reeses Pieces | 70 | 3.5 | 0 | 9 | 0 | 8 | 1 |
| Brownie Bites | 60 | 3 | 24 | 8 | 0 | 6 | 1 |
| Cookie Dough Pieces | 65 | 3 | 37 | 9 | 0 | 5 | 1 |
| Galaxy Sprinkles | 50 | 0 | 0 | 14 | 0 | 7 | 0 |
| Rainbow Sprinkles | | | | | | | |

# cookies IN ICE CREAM

# NUTRITIONAL FACTS GUIDE

# VANILLA

## Nutrition Facts

139 servings per container

| | |
|---|---|
| **Serving size** | **2 oz (51g)** |
| **Amount per serving** | |
| **Calories** | **120** |
| | **% Daily Value*** |
| **Total Fat** 7g | **9%** |
| Saturated Fat 4.5g | **23%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 25mg | **1%** |
| **Total Carbohydrate** 12g | **4%** |
| Dietary Fiber 0g | **0%** |
| Total Sugars 11g | |
| Includes 9g Added Sugars | **18%** |
| **Protein** 2g | |
| Vitamin D 0mcg | 0% |
| Calcium 60mg | 4% |
| Iron 0mg | 0% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS**: CREAM, MILK, LIQUID SUGAR, SKIM MILK, BUTTERMILK, CORN SYRUP, VANILLA BEAN SEEDS, MONO- AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM, CARRAGEENAN, DEXTROSE, VANILLA EXTRACT, ANNATTO (COLOR).

**CONTAINS: MILK**

**GLUTEN-FREE**

PRODUCT HAS BEEN MANUFACTURED ON SHARED EQUIPMENT THAT PROCESSES MILK, EGG, SOY, WHEAT, PEANUTS, AND TREE NUTS



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# CHOCOLATE

## Nutrition Facts

139 servings per container

| | |
|---|---|
| **Serving size** | **2 oz (51g)** |
| **Amount per serving** | |
| **Calories** | **110** |
| | **% Daily Value*** |
| **Total Fat** 7g | **9%** |
| Saturated Fat 4.5g | **23%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 25mg | **1%** |
| **Total Carbohydrate** 12g | **4%** |
| Dietary Fiber < 1g | **2%** |
| Total Sugars 11g | |
| Includes 8g Added Sugars | **16%** |
| **Protein** 2g | |
| Vitamin D 0mcg | 0% |
| Calcium 60mg | 4% |
| Iron 0.5mg | 2% |
| Potassium 150mg | 4% |

* The %Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS**: CREAM, MILK, LIQUID SUGAR, SKIM MILK, BUTTERMILK, CORN SYRUP, COCOA (PROCESSED WITH ALKALI), MONO- AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM, CARRAGEENAN, DEXTROSE.

**CONTAINS: MILK**

GLUTEN-FREE

PRODUCT HAS BEEN MANUFACTURED ON SHARED EQUIPMENT THAT PROCESSES MILK, EGG, SOY, WHEAT, PEANUTS, AND TREE NUTS



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# CARAMELLIONAIRE

## Nutrition Facts

139 servings per container

| | |
|---|---|
| **Serving size** | **2 oz (51g)** |
| **Amount per serving** | |
| **Calories** | **130** |
| | **% Daily Value*** |
| **Total Fat** 7g | **9%** |
| Saturated Fat 4g | **20%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 110mg | **5%** |
| **Total Carbohydrate** 17g | **6%** |
| Dietary Fiber 0g | **0%** |
| Total Sugars 13g | |
| Includes 11g Added Sugars | **22%** |
| **Protein** 1g | |
| Vitamin D 0mcg | 0% |
| Calcium 50mg | 4% |
| Iron 0mg | 0% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS**: CREAM, MILK, LIQUID SUGAR, SALTED CARAMEL COOKIE BITS {ENRICHED WHEAT FLOUR [WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], BROWN SUGAR, CARAMEL BITS [SUGAR, CORN SYRUP, LIQUID SUGAR, SKIM MILK, PALM OIL, BUTTER, SALT, MONO- AND DIGLYCERIDES, NATURAL FLAVOR, SOY LECITHIN], HEATH TOFFEE BITS [MILK CHOCOLATE (SUGAR, COCOA BUTTER, CHOCOLATE, NONFAT MILK, MILK FAT, LACTOSE, SALT, SOY LECITHIN, NATURAL FLAVOR), SUGAR, VEGETABLE OIL (PALM & SUNFLOWER), BUTTER, ALMONDS, SALT, SOY LECITHIN], BUTTER, MARGARINE [VEGETABLE OIL BLEND (PALM FRUIT, SOYBEAN AND OLIVE OILS), WATER, SALT, NONFAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE (COLOR)], SUGAR, EGGS, MOLASSES, SEA SALT, NATURAL VANILLA FLAVOR, BAKING SODA, POWDERED SUGAR [SUGAR, CORN STARCH]}, SEA SALT CARAMEL SWIRLS [CORN SYRUP, WATER, SWEETENED CONDENSED SKIM MILK (SUGAR, WATER, NONFAT MILK SOLIDS), BUTTER (CREAM, SALT), SEA SALT, CARRAGEENAN, BAKING SODA], SEA SALT CARAMEL BASE (CORN SYRUP, WATER, SUGAR, WHEY, SEA SALT, BAKING SODA), SKIM MILK, BUTTERMILK, CORN SYRUP, MONO- AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM, CARRAGEENAN, DEXTROSE.

**CONTAINS: MILK, WHEAT, SOY, TREE NUT (ALMONDS), AND EGGS**
CONTAINS GLUTEN

PRODUCT HAS BEEN MANUFACTURED ON SHARED EQUIPMENT THAT PROCESSES MILK, EGG, SOY, WHEAT, PEANUTS, AND TREE NUTS



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# COOKIE D'OUGH

## Nutrition Facts

139 servings per container

| | |
|---|---|
| **Serving size** | **2 oz (51g)** |
| **Amount per serving** | |
| **Calories** | **140** |
| | **% Daily Value*** |
| **Total Fat** 7g | **9%** |
| Saturated Fat 4.5g | **23%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 50mg | **2%** |
| **Total Carbohydrate** 16g | **6%** |
| Dietary Fiber 0g | **0%** |
| Total Sugars 13g | |
| Includes 11g Added Sugars | **22%** |
| **Protein** 2g | |
| Vitamin D 0mcg | 0% |
| Calcium 50mg | 4% |
| Iron 0mg | 0% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS**: CREAM, MILK, LIQUID SUGAR, CHOCOLATE CHUNK COOKIE BITS {ENRICHED WHEAT FLOUR [WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, CHOCOLATE CHUNKS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT), BROWN SUGAR, MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NONFAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE [COLOR]), BUTTER, EGGS, INVERT SUGAR, SOY FLOUR, POWDERED SUGAR (SUGAR, CORN STARCH), SALT, BAKING SODA, NATURAL VANILLA FLAVOR}, SKIM MILK, BUTTERMILK, COOKIE DOUGH PIECES [WHEAT FLOUR, SUGAR, BROWN SUGAR, BUTTER (CREAM, SALT), WATER, SOY OIL, CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA EXTRACT), CORN STARCH, MOLASSES, SALT, NATURAL FLAVOR, SOY LECITHIN, BAKING SODA], CORN SYRUP, COOKIE DOUGH FLAVOR (MOLASSES, NATURAL FLAVOR, SALT), MONO- AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM, CARRAGEENAN, DEXTROSE, ANNATTO (COLOR).

**CONTAINS: MILK, WHEAT, SOY, AND EGG**
CONTAINS GLUTEN

PRODUCT HAS BEEN MANUFACTURED ON SHARED EQUIPMENT THAT PROCESSES MILK, EGG, SOY, WHEAT, PEANUTS, AND TREE NUTS.



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# COOKIES 'N DREAM

## Nutrition Facts

139 servings per container

**Serving size** **2 oz (51g)**

**Amount per serving**

**Calories** **130**

| | % Daily Value* |
|---|---|
| **Total Fat** 7g | **9%** |
| Saturated Fat 4.5g | **23%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 35mg | **2%** |
| **Total Carbohydrate** 14g | **5%** |
| Dietary Fiber 0g | **0%** |
| Total Sugars 12g | |
| Includes 10g Added Sugars | **20%** |
| **Protein** 2g | |
| Vitamin D 0mcg | 0% |
| Calcium 50mg | 4% |
| Iron 0mg | 0% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS**: CREAM, MILK, LIQUID SUGAR, DOUBLE CHOCOLATE CHUNK COOKIE BITS {ENRICHED WHEAT FLOUR [WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, CHOCOLATE CHUNKS [SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT], BROWN SUGAR, MARGARINE [VEGETABLE OIL BLEND (PALM FRUIT, SOYBEAN AND OLIVE OILS), WATER, SALT, NONFAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE (COLOR)], BUTTER, EGGS, COCOA (PROCESSED WITH ALKALI), INVERT SUGAR, MOLASSES, POWDERED SUGAR [SUGAR, CORN STARCH], SALT, BAKING SODA, NATURAL VANILLA FLAVOR}, SKIM MILK, BUTTERMILK, CORN SYRUP, NATURAL FLAVOR, MONO- AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM, CARRAGEENAN, DEXTROSE.

**CONTAINS: MILK, WHEAT, SOY AND EGG**

CONTAINS GLUTEN

PRODUCT HAS BEEN MANUFACTURED ON SHARED EQUIPMENT THAT PROCESSES MILK, EGG, SOY, WHEAT, PEANUTS, AND TREE NUTS.



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# DREAMWEAVER

## Nutrition Facts

139 servings per container

| | |
|---|---|
| **Serving size** | **2 oz (51g)** |
| **Amount per serving** | |
| **Calories** | **140** |
| | **% Daily Value*** |
| **Total Fat** 8g | **10%** |
| Saturated Fat 5g | **25%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 40mg | **2%** |
| **Total Carbohydrate** 17g | **6%** |
| Dietary Fiber 0g | **0%** |
| Total Sugars 15g | |
| Includes 13g Added Sugars | **26%** |
| **Protein** 2g | |
| Vitamin D 0mcg | 0% |
| Calcium 50mg | 4% |
| Iron 0mg | 0% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CREAM, MILK, LIQUID SUGAR, DOUBLE CHOCOLATE BAKED COOKIE BITS {ENRICHED WHEAT FLOUR [WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, CHOCOLATE CHUNKS [SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT], BROWN SUGAR, SUGAR, MARGARINE [VEGETABLE OIL BLEND (PALM FRUIT, SOYBEAN AND OLIVE OILS), WATER, SALT, NONFAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE (COLOR)], BUTTER, EGGS, COCOA (PROCESSED WITH ALKALI), INVERT SUGAR, POWDERED SUGAR [SUGAR, CORN STARCH], SALT, BAKING SODA, NATURAL VANILLA FLAVOR}, WHITE GLITTER PUFFY STARS [SUGAR, COCONUT OIL, MILKFAT, WHOLE MILK POWDER, SPIRULINA EXTRACT (COLOR), VEGETABLE JUICE (COLOR), SOY LECITHIN, SALT, NATURAL VANILLA EXTRACT], MILK FUDGE SWIRLS [CORN SYRUP, SUGAR, SWEETENED CONDENSED SKIM MILK (SUGAR, WATER, NONFAT MILK SOLIDS), WATER, CHOCOLATE LIQUOR, BUTTER (CREAM, SALT), CARRAGEENAN, BAKING SODA, NATURAL FLAVOR], SKIM MILK, BUTTERMILK, CORN SYRUP, BEET JUICE (COLOR), SPIRULINA EXTRACT (COLOR), MONO- AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM, CARRAGEENAN, DEXTROSE, NATURAL FLAVOR

ALLERGENS: CONTAINS MILK, WHEAT, SOY, AND EGG

CONTAINS GLUTEN

PRODUCT HAS BEEN MANUFACTURED ON SHARED EQUIPMENT THAT PROCESSES MILK, EGG, SOY, WHEAT, PEANUTS, AND TREE NUTS



*Product & Nutritional Information Notice:
Insomnia Cookies is currently transitioning select ice cream products from formulations containing artificial colors to formulations using natural colors in order to comply with upcoming FDA guidance and regulations. During this transition period, guests may receive either formulation depending on location and inventory availability. Please contact your local store for the most current ingredient and allergen information.

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# DREAMWEAVER

## Nutrition Facts

139 servings per container

**Serving size** **2 oz (51g)**

**Amount per serving**

**Calories** **140**

| | % Daily Value* |
|---|---|
| **Total Fat** 8g | **10%** |
| Saturated Fat 5g | **25%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 40mg | **2%** |
| **Total Carbohydrate** 17g | **6%** |
| Dietary Fiber 0g | **0%** |
| Total Sugars 15g | |
| Includes 13g Added Sugars | **26%** |
| **Protein** 2g | |
| Vitamin D 0mcg | 0% |
| Calcium 50mg | 4% |
| Iron 0mg | 0% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CREAM, MILK, LIQUID SUGAR, DOUBLE CHOCOLATE CHUNK COOKIE BITS {ENRICHED WHEAT FLOUR [WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, CHOCOLATE CHUNKS [SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT], BROWN SUGAR, MARGARINE [VEGETABLE OIL BLEND (PALM FRUIT, SOYBEAN AND OLIVE OILS), WATER, SALT, NONFAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE (COLOR)], BUTTER, EGGS, INVERT SUGAR, SOY FLOUR, POWDERED SUGAR [SUGAR, CORN STARCH], SALT, BAKING SODA, NATURAL VANILLA FLAVOR}, WHITE GLITTER PUFFY STARS [SUGAR, COCONUT OIL, NONFAT DRY MILK, PALM KERNEL OIL, MILKFAT, WHOLE MILK POWDER, SPIRULINA (COLOR), VEGETABLE JUICE (COLOR), SOY LECITHIN, SALT, NATURAL VANILLA EXTRACT], MILK FUDGE SWIRLS [CORN SYRUP, SUGAR, SWEETENED CONDENSED SKIM MILK (SUGAR, WATER, NONFAT MILK SOLIDS), WATER, CHOCOLATE LIQUOR, BUTTER (CREAM, SALT), CARRAGEENAN, BAKING SODA, NATURAL FLAVOR], SKIM MILK, BUTTERMILK, CORN SYRUP, RED 3, MONOAND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM, CARRAGEENAN, DEXTROSE, NATURAL FLAVOR, BLUE 1

ALLERGENS: CONTAINS MILK, WHEAT, SOY, AND EGG

CONTAINS GLUTEN

PRODUCT HAS BEEN MANUFACTURED ON SHARED EQUIPMENT THAT PROCESSES MILK, EGG, SOY, WHEAT, PEANUTS, AND TREE NUTS

*Product & Nutritional Information Notice:
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# MINTERSTELLAR

## Nutrition Facts

139 servings per container

| **Serving size** | **2 oz (51g)** |
|---|---|
| **Amount per serving** | |
| **Calories** | **130** |
| | **% Daily Value*** |
| **Total Fat** 7g | **9%** |
| Saturated Fat 4.5g | **23%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 35mg | **2%** |
| **Total Carbohydrate** 14g | **5%** |
| Dietary Fiber 0g | **0%** |
| Total Sugars 12g | |
| Includes 10g Added Sugars | **20%** |
| **Protein** 2g | |
| Vitamin D 0mcg | 0% |
| Calcium 50mg | 4% |
| Iron 0mg | 0% |
| Potassium 0mg | 0% |

*** The %Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.**

INGREDIENTS: CREAM, MILK, LIQUID SUGAR, DOUBLE CHOCOLATE BAKED COOKIE BITS {ENRICHED WHEAT FLOUR [WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SUGAR, CHOCOLATE CHUNKS [SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT], BROWN SUGAR, SUGAR, MARGARINE [VEGETABLE OIL BLEND (PALM FRUIT, SOYBEAN AND OLIVE OILS), WATER, SALT, NONFAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE (COLOR)], BUTTER, EGGS, COCOA (PROCESSED WITH ALKALI), INVERT SUGAR, POWDERED SUGAR [SUGAR, CORN STARCH], SALT, BAKING SODA, NATURAL VANILLA FLAVOR}, WHITE GLITTER PUFFY STARS [SUGAR, COCONUT OIL, MILKFAT, WHOLE MILK POWDER, SPIRULINA EXTRACT (COLOR), VEGETABLE JUICE (COLOR), SOY LECITHIN, SALT, NATURAL VANILLA EXTRACT], MILK FUDGE SWIRLS [CORN SYRUP, SUGAR, SWEETENED CONDENSED SKIM MILK (SUGAR, WATER, NONFAT MILK SOLIDS), WATER, CHOCOLATE LIQUOR, BUTTER (CREAM, SALT), CARRAGEENAN, BAKING SODA, NATURAL FLAVOR], SKIM MILK, BUTTERMILK, CORN SYRUP, BEET JUICE (COLOR), SPIRULINA EXTRACT (COLOR), MONO- AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM, CARRAGEENAN, DEXTROSE, NATURAL FLAVOR

ALLERGENS: CONTAINS MILK, WHEAT, SOY, AND EGG

CONTAINS GLUTEN

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139 servings per container

| | |
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| **Total Fat** 7g | **9%** |
| Saturated Fat 4.5g | **23%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 35mg | **2%** |
| **Total Carbohydrate** 14g | **5%** |
| Dietary Fiber 0g | **0%** |
| Total Sugars 12g | |
| Includes 10g Added Sugars | **20%** |
| **Protein** 2g | |
| Vitamin D 0mcg | 0% |
| Calcium 50mg | 4% |
| Iron 0mg | 0% |
| Potassium 0mg | 0% |

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INGREDIENTS: CREAM, MILK, LIQUID SUGAR, DOUBLE CHOCOLATE MINT COOKIE BITS {ENRICHED WHEAT FLOUR [WHEAT, BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], BROWN SUGAR, CHOCOLATE CHIPS [SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA, SALT], SUGAR, MARGARINE [VEGETABLE OIL BLEND (PALM FRUIT, SOYBEAN AND OLIVE OILS), WATER, SALT, NONFAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE (COLOR)], MINT CHIP [SUGAR, PALM KERNEL OIL, WHEY, NONFAT MILK, MONO AND DIGLYCERIDES, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, BLUE 1, YELLOW 5], EGGS, BUTTER, COCOA [PROCESSED WITH ALKALI], INVERT SUGAR, SALT, MOLASSES, POWDERED SUGAR [SUGAR, CORN STARCH], BAKING SODA, NATURAL VANILLA FLAVOR}, SKIM MILK, BUTTERMILK, CORN SYRUP, NATURAL PEPPERMINT FLAVOR, MONO- AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM, CARRAGEENAN, DEXTROSE.

ALLERGENS: CONTAINS MILK, WHEAT, SOY, AND EGG

CONTAINS GLUTEN

PRODUCT HAS BEEN MANUFACTURED ON SHARED EQUIPMENT THAT PROCESSES MILK, EGG, SOY, WHEAT, PEANUTS, AND TREE NUTS

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# PEANUT BUTTER INSOMNIA TRACKS

## Nutrition Facts

139 servings per container

| | |
|---|---|
| **Serving size** | **2 oz (51g)** |
| **Amount per serving** | |
| **Calories** | **160** |
| | **% Daily Value*** |
| **Total Fat** 10g | **13%** |
| Saturated Fat 5g | **25%** |
| Trans Fat 0g | |
| **Cholesterol** 20mg | **7%** |
| **Sodium** 50mg | **2%** |
| **Total Carbohydrate** 16g | **6%** |
| Dietary Fiber < 1g | **2%** |
| Total Sugars 14g | |
| Includes 12g Added Sugars | **24%** |
| **Protein** 2g | |
| Vitamin D 0mcg | 0% |
| Calcium 50mg | 4% |
| Iron 0mg | 0% |
| Potassium 110mg | 2% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS**: CREAM, MILK, LIQUID SUGAR, CHOCOLATE PEANUT BUTTER CUP COOKIE BITS {PEANUT BUTTER CHIPS [SUGAR, PALM KERNEL OIL, PARTIALLY DEFATTED PEANUT FLOUR, NONFAT MILK POWDER, SALT, SOY LECITHIN], ENRICHED WHEAT FLOUR [WHEAT, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], PEANUT BUTTER [ROASTED PEANUTS, DEXTROSE, HYDROGENATED COTTONSEED AND CANOLA OILS, SALT], PEANUT BUTTER CUPS [SUGAR, PEANUTS, CHOCOLATE, NONFAT MILK, COCOA BUTTER, MILK FAT, DEXTROSE, SALT, SOY LECITHIN, PGPR, TBHQ, CITRIC ACID], BROWN SUGAR, MARGARINE [VEGETABLE OIL BLEND (PALM FRUIT, SOYBEAN AND OLIVE OILS), WATER, SALT, NONFAT DRY MILK, SOY LECITHIN, MONOGLYCERIDES, NATURAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE (COLOR)], BUTTER, SUGAR, EGGS, SALT, BAKING SODA, POWDERED SUGAR [SUGAR, CORN STARCH]}, PEANUT BUTTER CUPS [SUGAR, PEANUT BUTTER (PEANUTS, SALT), COCONUT OIL, NONFAT MILK, MILK, COCOA (PROCESSED WITH ALKALI), SOY LECITHIN, NATURAL FLAVORS], SKIM MILK, BUTTERMILK, THICK FUDGE SWIRLS [POWDERED SUGAR (SUGAR, CORN STARCH), SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), COCONUT OIL, COCOA BUTTER, MONO- AND DIGLYCERIDES, SOY LECITHIN, SALT], CORN SYRUP, NATURAL FLAVOR, MONO- AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM, CARRAGEENAN, DEXTROSE.

**CONTAINS: MILK, WHEAT, SOY, EGG, AND PEANUTS**
CONTAINS GLUTEN

ARTIFICIAL FLAVOR ADDED

PRODUCT HAS BEEN MANUFACTURED ON SHARED EQUIPMENT THAT PROCESSES MILK, EGG, SOY, WHEAT, PEANUTS, AND TREE NUTS



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# SMALL WAFFLE CONE

## Nutrition Facts

Serving Size 1 serving

**Amount Per Serving**

| | |
|---|---|
| **Calories** 90 | Calories from Fat 0 |
| | **% Daily Value*** |
| **Total Fat** 0.5g | **1%** |
| Saturated Fat 0g | **0%** |
| Trans Fat 0g | |
| **Cholesterol** 0mg | **0%** |
| **Sodium** 35mg | **1%** |
| **Potassium** 0mg | **0%** |
| **Total Carbohydrate** 19g | **6%** |
| Dietary Fiber 1g | **4%** |
| Sugars 5g | |
| **Protein** 1g | **2%** |

Vitamin A 0% • Vitamin C 2%

Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

**INGREDIENTS:** WHEAT FLOUR, SUGAR, CORNSTARCH, TRANS FAT FREE SHORTENING (PALM), OAT FIBER, NATURAL, ARTIFICAL VANILLA, SOY LECITIN, SEA SALT

**CONTAINS:** WHEAT, SOY

